

# Manual Tasks Training



Julie MacRae  
0413 954 530

info@safeactions.com.au  
www.safeactions.com.au

## CUSTOMISED TRAINING

Safe Actions conducts manual tasks training consistent with the Code of Practice: Hazardous Manual Tasks and based on the needs as identified by the Person Conducting a Business or Undertaking. The WHS regulations, risk management and reporting are covered in the theory section.

Courses can be developed specific to your needs. Courses can be aimed at specific:

- age groups e.g. young children, adults, nursing homes.
- disabilities e.g. cerebral palsy, autism, dementia.
- environments e.g. home, respite, school, hospital, aged care facility.
- units e.g. maternity, orthopaedics.
- equipment e.g. hoists.
- work groups e.g. PCAs, nurses, education assistants, support workers, family carers.

The courses generally run for 3 hours. Workers are coached in self protective behaviours when completing relevant manual tasks and the use of equipment to reduce the risk or effort associated with these activities.

Courses can be developed for new workers, as refreshers and as a graded upskilling through repeated attendance over time.

Attendance certificates and manuals are available on request.

