

# Safe Transporting in Cars

Safe Actions conducts manual tasks training consistent with the Code of Practice: Manual Tasks and based on the needs of workers in the Aged Care and Disability environment. The OSH regulations, risk management and reporting are covered in the theory section.

The Manual Tasks – Cars and Buses short course covers assisting a person with:

- Sitting and standing from a car seat
- Repositioning in chairs
- Walking
- Placing wheelchair or walker in vehicle
- Range of assistive equipment



In this 3 hour course, workers are coached in self protective behaviours when completing these tasks and the use of equipment to reduce the risk or effort associated with these activities.

This course is ideal for workers who are new to the community care and disability sectors and those requiring a refresher of their manual tasks training.

Attendance certificates and manuals are available on request.

Content can be customised to suit a particular organisation.