

Disability Basic

The Disability Basic course focusses on assisting and encouraging the person with disability to improve or gain independence. The Disability Basic course focuses on developing safe postures and actions for use with the person with a disability with some weight bearing capacity.

Who should attend this course?

This course is for support workers, carers, education assistants, therapists, manual tasks trainers and anyone who works in the disability sector and aims to develop knowledge and skills to work with a person with a disability who has reduced mobility.

What type of transfers will I learn?

In the Disability Basic you will learn transfers for the person who has some weight bearing capacity. The single carer transfers covered include: moving around in bed, sitting to standing and return, walking, repositioning in a chair and moving up from the floor.

How long is the course?

This course is four full days. Attendance at all four days is required.

Course Pre-Requisite:

Successful completion of Health Care 2

Course Assessments:

- Demonstrate a learned Manutention technique from the Disability Basic course.
- Critically review the presentation of a peer within the course.
- Complete and pass a fundamental postures and actions theory test, achieving at least 60% mark.
- Achieve competency in the 2 physical tests.
- Complete worksheet on the impact of disability on mobility.
- Evaluate a disability sector task to identify risk factors.
- Develop objectives for a workplace based manutention training session.