

Train the Coach Health Care 2

The Health Care 2 course is a competency based course for workers in the health care sector. It is designed to skill a worker in common transfers which are likely to occur in health care environment and to enable the worker to provide one on one coaching. The Work Health and Safety Act and the risk management process are embedded within the theoretical elements of this course. The course also includes developing skills in manual tasks assessment and problem solving.

Who should attend this course?

This course is for support workers, carers, therapists, manual tasks trainers, nurses and anyone who works in the people handling sector, including aged care, acute care, disability, education and community services.

What type of transfers will I learn?

In the Health Care 2 course you will apply Manutention principles, postures and action to transfer clients such as rolling, sitting to standing and return, repositioning in a chair and bed, hoisting, fitting slings, slide sheet use along with the moving of inanimate loads.

How long is the course?

This course is four full days. Attendance at all four days is required.

Course Pre-Requisite:

Good general health, willingness to learn

Course Assessments:

- Written Work Health and Safety assessment.
- Written Manutention assessment.
- Perform a triple demonstration of a learnt transfer.
- Peer assessment of a learnt transfer.