

# Community Support

Safe Actions conducts manual tasks training consistent with the Code of Practice: Manual Tasks. The WHS Act, relevant regulations, risk management and reporting are covered in the theory section.

The Community Support short course covers assisting a person:

- From sitting to standing and return
- Moving forwards and backwards in a chair
- Assisting transfers in and out of cars
- Moving a wheelchair and / or walker in and out of car
- Managing cleaning tasks

In this 3.5 hour course, workers are coached in self protective behaviours when completing these tasks and the use of equipment to reduce the risk or effort associated with these activities.

This course is ideal for workers who are new to the industry and those requiring a refresher of their manual tasks training. Attendance certificates and manuals are available on request.

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Content can be customised to suit a particular organisation.

