

Aged Care Advanced

The Aged Care Advanced course continues to emphasise assisting and encouraging the aged person to retain, or regain, their physical independence following a decrease of function. It builds on the Aged Care Basic training and develops competency when working with a more dependent person.

Who should attend this course?

This course is for support workers, carers, therapists, manual tasks trainers and anyone who works in aged care and aims to develop knowledge and skills to work with the older person who has reduced mobility and may require moderate to full assistance.

What type of transfers will I learn?

In the Aged Care Advanced you will learn transfers for the person who needs moderate assistance to move. This will involve some single person transfers and many two person transfers. The transfers covered include: sitting to standing and return, walking, repositioning backwards in a chair, chair to chair, bed to chair, getting in and out of bed, moving up the bed, moving across the bed, moving from bed to bed and hoisting.

How long is the course?

This course is four full days. Attendance at all four days is required.

Course Pre-Requisite:

Successful completion of Aged Care Basic.

Course Assessments:

- Demonstrate one learned Manutention technique.
- Review the presentation of a peer.
- Complete the 2 physical tests.
- Complete a fundamental postures and actions theory test.
- Teach a fundamental posture or action to the group.
- Teach an independent movement pattern of an older person.
- Evaluate an aged care task to identify risk factors.
- Deconstruct a manutention task.
- Develop a pedagogy teaching order for use in a short course.