

Up From the Floor

Safe Actions conducts manual tasks training consistent with the Code of Practice: Manual Tasks. The WHS Act and relevant regulations, risk management and reporting are covered in the theory section. An exploration of the specific risks associated with assisting a person up from the floor is conducted.

The Manual Tasks - Up From the Floor short course covers assisting a person:

- From sitting to standing and return
- Walking and chair to chair transfers (high risk for falls)
- Use of chairs to assist a person up from the floor
- Hoisting from the floor
- Manual handling aids that can be used to assist a person up from the floor

In this 4 hour course, workers are coached in self protective behaviours when completing these tasks and the use of equipment to reduce the risk or effort associated with these activities.

This course requires that participants have previously completed a manual handling course, based on the principles of Manutention. Please contact SafeActions for recognition of your prior learning.

Attendance certificates and manuals are available on request. Content can be customised to suit a particular organisation.