Hoisting

Safe Actions conducts manual tasks training looking specifically at the use of hoists as equipment to minimise the risk of injury.

A Hoisting short course covers:

- Use of a portable hoist, standing hoist and gantry hoist if requested
- Using a hoist for transfers from bed to chair, floor to
- bed and chair to chair transfers
- Inserting and removing a sling in sitting and in lying
- Risk factors for the worker and the client when using a
- hoist
- Repositioning if necessary after hoisting
- the OSH Act and Regulations, Code of Practice
- Manual Tasks
- Specifics of hoists and slings, sling inspection, decision making tree for using a hoist (the theory section)

This course can be customised between 2.5 and 4 hours in duration. During the course, workers are coached in self protective behaviours when completing these tasks and using hoists to reduce the risk or effort associated with these activities.

This course is ideal for workers who use a hoist and those requiring a refresher of their manual tasks training.

Attendance certificates and manuals are available on request.

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